



## *Afflatus Creations*

**Vol. 2, No. 5**

**Jan - Mar, 2025**

**Page: 77-78**



### **Turmoil Within**

Every one wants a safe haven  
where he could sit in silence;  
Life is full of fire and fumes, no nook  
and corner offers him any escape  
from the chaos that surrounds him,  
the noise that never ceases.  
A world that's moving fast, leaving  
him breathless and worn out.

In this maelstrom of emotions,  
he searches for a peaceful shore  
a place where he can anchor his  
soul, and calm the raging storm.  
But like a mirage, it vanishes,  
leaving him parched and dry  
longing for a drop of solace,  
a respite from the burning sky.

In this turmoil within,  
he struggles to find his footing.  
A sense of balance,

a glimpse of hope,  
a chance to start anew  
But till then, he'll wander,  
lost in the labyrinth of his mind,  
searching for a safe haven,  
a place to call his own,  
and leave his worries behind.

**Dr. Kailash Nath Khandelwal**  
**Email: [knath.khandelwal@gmail.com](mailto:knath.khandelwal@gmail.com)**