



LIFE AND JOY

Dr. Tholana Ashok Chakravarthy

Something darts
Something hurts,
Something soothes,
Something brushes.

Cracked at times,
Wrecked at times,
Hearts find no balm,
Except to keep calm.

Who can resist?
Who can insist?
Is everything illusory?
Is everything a fury?

Life finds no answer,
Tries to find a pathfinder;
Is it the destiny's ploy
To shorten a life's joy.

A RIGHT VISION

When clouded by sorrow
And feel scared of tomorrow;
To douse the burning thirst,
A right vision appears as a gift.

When surrounded by fear
With no one near and far;
A right vision stands as a sole hope,
Certainly, all the fears shall elope.

When some uncertainty pounces



When mounting anxiety pierces;
A right vision provides strength,
To bestow confidence and faith.

And, when the advancing age
Envision an unavoidable rage;
We cannot leave it to our fate,
A right vision certainly motivates.

ABOUT THE POET

Dr. Tholana Ashok Chakravarthy is a globally recognized poet, writer, and reviewer from Hyderabad, India. His message-driven poetry—centered on peace, non-violence, environmental consciousness, and human rights—has been published in over 100 countries and translated into 40+ languages. He has received accolades from world leaders and international organizations including the UN, UNESCO, and UNICEF.

Author of **eleven poetry collections**, and translator of **14 spiritual texts**, Dr. Chakravarthy actively promotes global peace and environmental awareness through literature and digital media.